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1. LEARN MORE ABOUT THE ISSUE. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved.

2. STAY CALM. When you are being bullied, it's important to stay calm. Don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.



3. KEEP AN OPEN LINE OF COMMUNICATION. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

4. STOP THE BULLYING. If you are being bullied, it's important to stop the bullying. Don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

5. LEARN MORE ABOUT THE PROBLEM. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.



6. STAY CALM. When you are being bullied, it's important to stay calm. Don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

7. LEARN HOW TO UNDERSTAND HOW TARGETS FEEL. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

8. SET UP PARENTAL CONTROLS. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

9. SHARE YOUR CONCERNS. You are not the only parent who has ever faced these problems. Connect with others so that the entire community can help. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.



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11. LEARN HOW TO UNDERSTAND HOW TARGETS FEEL. Many youth engage in cyberbullying to get revenge for something someone else did first. Make sure you understand the issue and the rights of everyone involved. Stay calm and don't respond with hurtful comments or threats. Instead, try to understand the situation and the person's feelings. Other people may be able to help.

